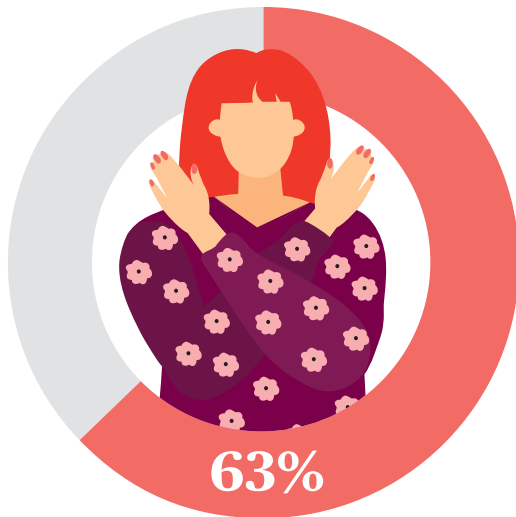


The Majority of Women 50+ Experience Discrimination Regularly

Nearly two out of three (63%) women 50-plus feel discriminated against regularly.*



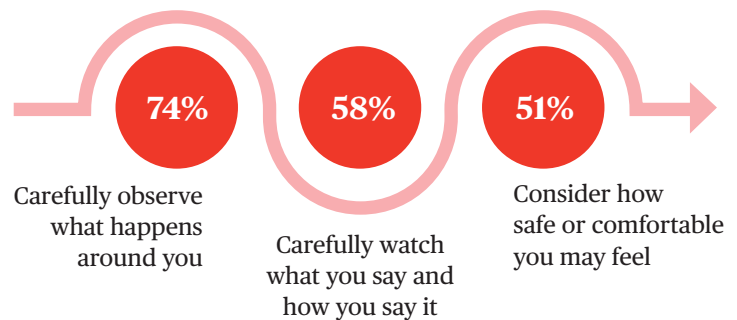
The most common types of discrimination are:



83% of women 50-plus

who experience discrimination regularly try to avoid discriminatory behavior.

Avoidance tactics used most often include:



81% of working women age 50-plus who experience discrimination regularly have felt pressured to look or act a certain way at work.



*defined as “sometimes,” “often,” or “almost always”

Discrimination Impacts the Mental Health of Women 50-plus

Women 50-plus who experience discrimination regularly rate their **current mental health lower** than those who do not (50% vs. 41% say they have low/moderate mental health).



Discrimination based on weight appeared to have the greatest impact on mental health.